



2016 LIFEGUARD COURSE REGISTRATION FORM
City of Nashua, Division of Public Works Mayor Jim Donchess



CLASS REQUIREMENTS:

- MUST BE 15 YEARS OF AGE BY JULY 14TH
- Must be able to swim 300 yards continuously (freestyle)
- Retrieve a 10lbs brick from the bottom of the deep end and swim it 20 yards above water. Remove it from the pool in less than 1 minute & 20 seconds
- Tread water without the use of hands for 2 minutes

CLASS DATES:

1. Prerequisite Day: Thursday, July 14, 9am to 1pm at Centennial Pool
2. Pool/Classroom Day: Friday, July 15, 9am to 1pm Centennial Pool & 1pm to 5pm Boys and Girls Club
3. Pool/ Classroom Day: Saturday, July 16, 9am to 1pm Centennial Pool & 1pm to 5pm Boys and Girls Club
4. Pool: Sunday, July 17, 9am to 1pm at Centennial Pool

CLASS INFORMATION: Max of 12 people

- Cost: \$180
- Bring to course: Lunch, Snacks, plenty of sunscreen and water.
- All those that **cannot** complete the Prerequisite Day, cannot continue the course. We will refund you \$100. Please practice and try again at a different class.
- To pass the course: Must be able to show proficiency in all tasks and score a minimum of an 80 on the written components to earn the certification.
- Parent/Guardian is responsible for getting child to and from the locations.
- Rain date: Following weekend (July 21-24). Light rain will not cancel the course.

LIFE GUARD REGISTRATION FORM

Child's Name _____ D.O.B. _____ Age _____ (At Camp Date)

Address _____

Home # _____ Emergency # _____

Medical Problems _____

Email Address _____

TUITION NOT REFUNDABLE AFTER ONE WEEK PRIOR TO START OF CAMP UNLESS CHILD DOES NOT PASS THE PREREQUISITES (\$100 ONLY WILL BE REMINBURSED)

Cost: \$ 180

☐ (Must check box) I have read, agree to and completely understand the Release and Waiver of Liability online at www.gonashua.com. I understand that the City of Nashua and those associated with the camp program will be absolved of all injuries or accidents incurred in this program. In the event of injury or accident, the staff has my permission to provide necessary medical care.

Parent/Guardian _____ (PRINT) DATE: _____

Parent/Guardian _____ (Sign Here)

Mail Check & Application to: Parks-Recreation Department, 100 Concord Street, Nashua, NH 03064

Make Checks Payable to: City of Nashua

"NONDISCRIMINATION POLICY"

THE CITY OF NASHUA DOES NOT DISCRIMINATE AGAINST ANY INDIVIDUAL OR GROUP WITH RESPECT TO RELIGION, COLOR, NATIONAL ORIGIN, SEX, OR HANDICAP FOR THE USE OF ITS PARKS AND RECREATION FACILITIES OR ANY OTHER PROGRAMS.